

Mrs. Miser's  
Seven Vegetable Stew

**Combine in a crock pot:**

4 cups broth (vegetable)  
1/2 teaspoon salt  
1/2 teaspoon black pepper  
2 bay leaves  
1/2 teaspoon dried basil leaves

**Add the Vegetables --**

4 cups diced fresh tomatoes  
10 medium chopped potatoes  
(1/2 inch cubes)  
2 medium carrots, chopped  
1 medium onion chopped finely  
1 cup chopped celery  
1 cup chopped green pepper  
1 cup chopped zucchini

Add garlic, beans, other vegetables, and seasonings to taste. Cover crockpot and cook 4-6 hours, on low heat or until potatoes and carrots are tender.

Serves 5-8 people.

---

*Chicken Joy on Redbean Road*  
by Jacqueline Briggs Martin  
Recipe © 2012 McBookwords



Mrs. Miser's  
Seven Vegetable Stew

**Combine in a crock pot:**

4 cups broth (vegetable)  
1/2 teaspoon salt  
1/2 teaspoon black pepper  
2 bay leaves  
1/2 teaspoon dried basil leaves

**Add the Vegetables --**

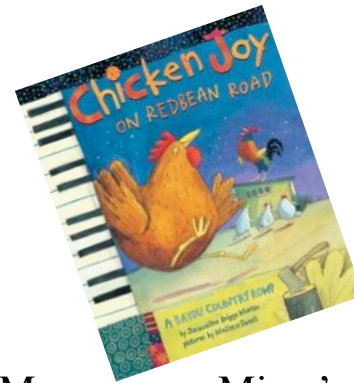
4 cups diced fresh tomatoes  
10 medium chopped potatoes  
(1/2 inch cubes)  
2 medium carrots, chopped  
1 medium onion chopped finely  
1 cup chopped celery  
1 cup chopped green pepper  
1 cup chopped zucchini

Add garlic, beans, other vegetables, and seasonings to taste. Cover crockpot and cook 4-6 hours, on low heat or until potatoes and carrots are tender.

Serves 5-8 people.

---

*Chicken Joy on Redbean Road*  
by Jacqueline Briggs Martin  
Recipe © 2012 McBookwords



Mrs. Miser's  
Seven Vegetable Stew

**Combine in a crock pot:**

4 cups broth (vegetable)  
1/2 teaspoon salt  
1/2 teaspoon black pepper  
2 bay leaves  
1/2 teaspoon dried basil leaves

**Add the Vegetables --**

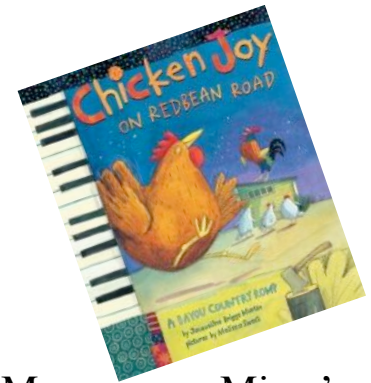
4 cups diced fresh tomatoes  
10 medium chopped potatoes  
(1/2 inch cubes)  
2 medium carrots, chopped  
1 medium onion chopped finely  
1 cup chopped celery  
1 cup chopped green pepper  
1 cup chopped zucchini

Add garlic, beans, other vegetables, and seasonings to taste. Cover crockpot and cook 4-6 hours, on low heat or until potatoes and carrots are tender.

Serves 5-8 people.

---

*Chicken Joy on Redbean Road*  
by Jacqueline Briggs Martin  
Recipe © 2012 McBookwords



Mrs. Miser's  
Seven Vegetable Stew

**Combine in a crock pot:**

4 cups broth (vegetable)  
1/2 teaspoon salt  
1/2 teaspoon black pepper  
2 bay leaves  
1/2 teaspoon dried basil leaves

**Add the Vegetables --**

4 cups diced fresh tomatoes  
10 medium chopped potatoes  
(1/2 inch cubes)  
2 medium carrots, chopped  
1 medium onion chopped finely  
1 cup chopped celery  
1 cup chopped green pepper  
1 cup chopped zucchini

Add garlic, beans, other vegetables, and seasonings to taste. Cover crockpot and cook 4-6 hours, on low heat or until potatoes and carrots are tender.

Serves 5-8 people.

---

*Chicken Joy on Redbean Road*  
by Jacqueline Briggs Martin  
Recipe © 2012 McBookwords